



THE Bedroom STYLING GUIDE



Simple Designer Rules for a Restful,
Stylish Bedroom

Pillow Styling Formula

2 large pillows → These are your anchors. Usually 24"–26" Euro pillows for queen/king beds, propped against the headboard.

2 medium pillows → Standard sleeping pillows or decorative 20" square pillows layered in front.

1 lumbar pillow → The finishing touch. A long rectangular pillow (12x24 or 14x36) adds interest and balance without clutter.



Designers Tip!

- Stick to 2–3 colors max in this combo to keep it cohesive.
- Use textures (linen, velvet, knits) instead of piling on more pillows.
- Remember: Less pillows = more polish.



Nightstand Styling

- Lamp → Right scale (24–27" tall on a 24" table).
- Tray → Keeps small items contained (watch, jewelry, lip balm).
- One personal or green piece → Plant, framed photo, or small sculpture.



Designers Tip!

- Add layers: one tall (lamp), one medium (plant), one small (tray).
- Symmetry works best for a calm, balanced look → match lamps on both sides.
- Keep it functional. Nightstands aren't mini storage units — just the essentials.



Bedroom Lighting Rule

- The rule: Your nightstand lamp should be 24-27" tall on a 24" nightstand.
- Too short? → It won't give enough light for reading.
- Too tall? → It'll overpower the space and feel awkward.

Designers Tip!

- Bottom of the lampshade should sit around shoulder height when you're in bed.
- Add dimmable bulbs or smart plugs for mood lighting.
- If you're short on space, consider wall-mounted sconces instead of lamps.

